Best Start in Life (0-5)

Supporting Positive & **Start for Life** Priorities **Supporting** Child **Parenting Improving Preparation Supporting** (0-2) & Healthy Emotional, **Development** Promotion Health for early SL&C MH&WB. & **Family Hubs** & nurserv/ **Pregnancy Parenthood** & Support outcomes attachment school (0-19)outcomes readiness Publish a clear Early access Strengthen Parenting & **Healthy Child** Access to Infant Home Start for Life perinatal MH to maternity community programme contraception **Feeding** offer learning pathways services review environment A SPA for Low birth Early Low level Preconception from birth Universal, **Nutrition &** online weight/ identification parental MH modifiable risk targeted & Work Areas Physical information & support for prematurity factors specialist offer Social Isolation Activity and support additional Healthy and loneliness needs Early choices in Equitable **Quality SRE** identification **Peer Support** Parental & pregnancy access for the Screening and High quality of SLC need family hard to reach immunisations early years Care wellbeing Antenatal Dads/partners provision continuity Accessible offer Family social Education of family hubs **Healthy Start** Pathways of prescribing Access to Early years ASD/ADHD care for childcare & Strengthening **SLCN Emotional** parenting Parent/Infant vulnerable provision for pathways & provision Oral Health Preparation support relationships disadvantaged communication families

Themes

Working as an integrated system to reduce inequalities

Identifying and supporting children and families at risk of adversity, complexity and vulnerabilities as early as possible

Whole family and community centered approaches

Taking a holistic approach to address the wider determinants of the Best Start in Life